

2020 WAKE COUNTY SENIOR GAMES REGISTRATION

SAVE TIME & MONEY: REGISTER ONLINE AT WCSENIORGAMES.ORG.

All participants must complete a registration form & sign the waiver.

People 50 years and older may compete. A participant's age on Dec. 31, 2020 determines the age category in which they compete. Wake County residency is not required for any event. New participants – enclose a copy of a valid driver's license or NC issued identification. **PLEASE PRINT CLEARLY.**

FULL NAME:

STREET ADDRESS:

CITY:

COUNTY:

STATE:

ZIP:

BIRTH DATE (MO/DAY/YR):

HOME PHONE:

CELL PHONE:

E-MAIL:

*You must have an email address to participate in tennis and/or enter the NCSG State Finals. Most communication will occur through email correspondence.

GENDER: ☐ MALE ☐ FEMALE

STATUS: ☐ RETURNING PARTICIPANT ☐ NEW PARTICIPANT

Please provide this information to help us understand the demographic we are reaching. This information will be kept confidential. My ethnicity:

☐ Black or African American

☐ Asian

☐ American Indian or Alaska Native

☐ White

☐ Native Hawaiian or other Pacific Islander

☐ Hispanic

☐ Unknown/Refused

BASIC REGISTRATION FEE:

January 28 – February 24: \$15 Online or by US Postal Mail

February 25 - March 10: \$15 online or \$20 by US Postal Mail

Entitles you to enter any three (3) Athletic events and/or SilverArts entries + optional shirt

PARTICIPANT DUES	FEES	NO. OF ITEMS	TOTAL AMT.
REGISTRATION FEE (pays for participation in up to 3 events)	\$15 \$20	One	
ADDITIONAL EVENTS FEE (participation in 4 or more events)	\$2 per additional event		
FACILITY FEES (vary based on event) Additional fees are required to cover the cost of facilities, referees and supplies.	\$5 - 3-on-3 Basketball Tournament \$5 - Bowling (Per Event) \$32 - Golf Tournament \$9 - Mini Golf (Per Participant) \$2 - Pickleball (Per Event) \$5 - 5K Road Race (Per Participant)		
Contributions to Wake County Senior Games, Inc. <i>Your tax-deductible contribution will aid in the continued growth of WCSG! We thank you!</i>	Thank you for your support!		
All registration fees are non-refundable. Initial here _____		TOTAL	

Please make checks payable to: YMCA of the Triangle, Memo Line: WCSG

GET YOUR FREE WCSG SOUVENIR T-SHIRT!

CIRCLE YOUR SIZE: S M L XL 2XL 3XL I do not want a shirt

Return registration forms and signed waiver with payment to: Wake County Senior Games, Attn: Jessica Medlin

801 Corporate Center Drive, Suite 200, Raleigh, NC 27607

Entry Deadline: March 10, 2020 (no exceptions)

Returned checks will be charged a \$25 return fee. You are encouraged to make a copy of this form prior to mailing! To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High intensity types of activities are offered primarily for the conditioned, trained athlete. Most of the events offered by WCSG are also offered at NCSG State Finals.

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This form must be signed by every Wake County Senior Games participant in order to participate in WCSG sanctioned events.

Indemnity – I, the undersigned participant, hereby, for myself, my heirs, executors, administrators and assigns, further waive, release, absolve, indemnify and agree to hold harmless YMCA of the Triangle Area, Inc., its Sponsors, Coordinating/Supporting Partners, Host Sites, activities provided by third party vendors, the WCSG employees, organizers, volunteers, vendors, supervisors, officers, directors, participants, event coordinators, referees, as well as all persons transporting participants to and from activities, from any legal claims, liabilities, damages and costs for any physical injury or damage to my personal property sustained during or in connection with WCSG events.

Medical Treatment Policies – YMCA strongly encourages that participants consult their doctor in regard to practice, preparation and competition in all sanctioned Wake County Senior Games events. I warrant and represent to the host agencies that I have prepared myself for the events which I have entered by practicing the same prior to my participation in WCSG sanctioned events. I warrant and represent that I am in good physical health and condition and I am able to compete in the events that I have selected. I know of no physical restrictions whatsoever which would prohibit my participation in the events I have selected. I have been advised by the host agencies that it would be in my best interest to consult my physician prior to my participation in regard to my preparation in the WCSG events. I recognize and understand that the preparation and the competition may necessitate strenuous physical activity, and could result in serious or life threatening physical harm to me. Participants are responsible for their own accident insurance when participating in WCSG events. In an event of an emergency, in which immediate medical care is needed, WCSG will contact emergency medical personnel and, pending their arrival, take those actions that are in the WCSG judgment to be in the best interests of the participant.

Registration/Rules – The final deadline to register and submit all supporting documents for the 2020 WCSG sanctioned events is March 10, 2020. I understand no exceptions will be made. A photo identification and verification of one's birthdate will be required at all event check-in sites. Any participant not reporting to an event on time will be disqualified – all starting times are forfeit times. I have read, understand and agree with all of the policies as stated in the WCSG Registration & Information Packet. I understand WCSG follows North Carolina Senior Games ("NCSG") rules and a copy of the rules book may be found on the NCSG website. Wake County Senior Games Officials have the authority to disqualify, and/or remove, from current and future WCSG programs, anyone who exhibits inappropriate behavior or a condition of medical concern. Falsifying information in the registration process will not be permitted and may result in disqualification from current and future Senior Games activities.

Cancellations/Refunds/Inclement Weather – WCSG officials reserve the right to cancel any event due to insufficient registration and/or combine age groups if fewer than three people sign up in an age group. In the event of inclement weather, please check your email confirmation information for contact info for each event. All cancellations or changes will be announced on a recording on the main WCSG number: (919) 582-9395 and on our website www.wcseniorgames.org. **All Athletic and SilverArts registration fees and facility fees are non-refundable.**

Photography/Audio – I grant WCSG the right to use any pictures taken of me during WCSG sanctioned events. I give WCSG and its employees and agents permission to use for any lawful purpose my likeness, image, voice and/or appearance as such may be embodied in any pictures, drawings, renderings, photographs, video recordings, audiotapes, digital images or the like, with the understanding that the WCSG will not publish my name. I agree that the WCSG has complete ownership of such pictures, etc., including but not limited to illustrations, bulletins, exhibitions, videotapes, reprints, reproductions, publications, advertisements and any promotional or educational materials in any medium now known or later developed, including but not limited to the internet, television, radio, newspapers, magazines, social media sites (e.g., Facebook, Twitter, Flickr, blogs, etc.), and/or WCSG audio, print or internet publications. I also agree that the WCSG has permission to release such pictures, etc. to the news media. I acknowledge that I will not receive any compensation or remuneration for the use of such pictures, etc. I understand that once such pictures, etc. are published to the media or on the internet, or are otherwise published, they may be used in publications and/or on websites outside of WCSG control.

SilverArts Entries – Although every effort will be taken by WCSG to ensure proper care of artworks and literary works submitted, the WCSG or its representatives cannot accept liability for the loss, or theft, or damage to entries. All entries not picked up at the designated time will become the property of WCSG. By signing below, I acknowledge that I have fully read and understand the SilverArts Guidelines for th category(ies) I am competing in.

North Carolina Senior Games State Finals Entry – I understand it is my responsibility to check with my Senior Games Local Coordinator immediately following my local games to determine if I qualified for NCSG State Finals, and to be eligible to receive an entry packet at a later date (if I do not have internet access). The NCSG State Finals entry form must be received in the NCSG Office, in Raleigh, by 11:59 P.M. on August 1. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

Emergency Contact – Please indicate two contacts in case of an emergency. Emergency contacts will be called in the order written. Please have your personal medical information with you during events.

1. Name _____ Phone _____ Relationship _____

2. Name _____ Phone _____ Relationship _____

WCSG final registration deadline is March 10, 2020. NO EXCEPTIONS.

My signature below indicates that I agree to the Statement of Release/Liability Waiver for YMCA of the Triangle Area, Inc. and will adhere to all policies and procedures of Wake County Senior Games.

Signature X _____ Date _____ (Required)

continues on next page

ATHLETICS REGISTRATION FORM

This form must be recieved by March 10, 2020. NO EXCEPTIONS.

Please put a check beside each event you wish to compete in.

☐ BASKETBALL SHOOTING

☐ BILLIARDS

☐ BOCCE

☐ BOWLING:

Facility Fee: \$5 per event.

No Handicap Score Awards.

Partners must be named at the time of registration.

☐ Singles

☐ Doubles - Partner's Name: _____

☐ Mixed Doubles - Partner's Name: _____

☐ CORNHOLE

☐ CYCLING - 1 MILE

☐ CYCLING - 5K

☐ CYCLING - 10K

☐ GOLF TOURNAMENT:

Facility fee: \$32 per person.

No Handicap Score Awards. Shotgun Start.

☐ HORSESHOES

☐ MINI GOLF

Facility fee: \$9 per person.

Partners must be named at the time of registration.

☐ Individual

☐ Team (4 people)

Partner's Name: _____

Partner's Name: _____

Partner's Name: _____

Partner's Name: _____

☐ PICKLEBALL:

Facility fee: \$2 per event.

Partners must be named at the time of registration.

☐ Singles

☐ Doubles - Partner's Name: _____

☐ Mixed Doubles - Partner's Name: _____

☐ SHUFFLEBOARD

☐ SILVERSTRIDERS FUN WALK

☐ SWIMMING:

Swimmers may enter a maximum of 6 swimming events!

☐ 50 Yd. Breaststroke

☐ 200 Yd. Breaststroke

☐ 50 Yd. Butterfly

☐ 200 Yd. Butterfly

☐ 50 Yd. Freestyle

☐ 200 Yd. Freestyle

☐ 50 Yd. Backstroke

☐ 200 Yd. Backstroke

☐ 100 Yd. Breaststroke

☐ 100 Yd. Individual Medley

☐ 100 Yd. Butterfly

☐ 200 Yd. Individual Medley

☐ 100 Yd. Freestyle

☐ 500 Yd. Freestyle

☐ 100 Yd. Backstroke

☐ TRACK & FIELD

☐ 50 M Dash

☐ 800 M Run

☐ 100M Dash

☐ 5K Race Walk

☐ 1500M Race Walk

☐ Running Long Jump

☐ 1500M Power Walk

☐ Football Throw

☐ 1500M Run

☐ Softball Throw

☐ 200M Dash

☐ Standing Long Jump

☐ 400M Dash

☐ TABLE TENNIS:

Partners must be named at the time of registration.

☐ Singles

☐ Doubles - Partner's Name: _____

☐ Mixed Doubles - Partner's Name: _____

☐ TENNIS:

Partners must be named at the time of registration.

☐ Singles

☐ Doubles - Partner's Name: _____

☐ Mixed Doubles - Partner's Name: _____

TEAM SPORTS

Team must be named at the time of registration.

☐ 3-ON-3 BASKETBALL TOURNAMENT

Facility fee: \$5 per participant.

TEAM CAPTAIN MUST FILL OUT FORM ON PAGE 12.

☐ CHAIR VOLLEYBALL

TEAM CAPTAIN MUST FILL OUT FORM ON PAGE 12.

*Non-Sanctioned events are not eligible for NCSG State Finals.

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TEAM ROSTER REGISTRATION

THIS FORM IS TO ONLY BE COMPLETED AND SUBMITTED BY THE TEAM CAPTAIN.

☐ **3-ON-3 BASKETBALL TOURNAMENT (15 players)**

Team must be named at the time of registration.

Facility fee: \$5 per participant

☐ **CHAIR VOLLEYBALL (6-8 players)**

Team must be named at the time of registration.

REGISTRATION DEADLINE IS MARCH 10, 2020.

ALL TEAM MEMBERS MUST FILL OUT INDIVIDUAL REGISTRATION FORMS, SIGN WAIVER AND PAY FEES.

NOTE: TEAM CAPTAINS MUST FIRST REGISTER THE TEAM BEFORE TEAM MEMBERS MAY REGISTER.

Team Name: _____

Team Captain: _____

Phone: _____ Email: _____

The age (as of Dec. 31, 2020) of the youngest player is used to determine age group for competition.

AGE GROUP: ☐ 50-54 ☐ 55-59 ☐ 60-64 ☐ 65-69 ☐ 70-74 ☐ 75-79 ☐ 80-84 ☐ 85-89 ☐ 90-94
☐ 95-99 ☐ 100+

GENDER: ☐ Men ☐ Women ☐ COED (for Chair Volleyball only)

NAME—LAST, FIRST (please print)	PHONE	EMAIL	STATE	BIRTH DATE
CAPTAIN				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

FOR OFFICE USE ONLY Date received: _____ Check No. _____ Check Amount: \$ _____

Submit roster by email or mail.

Mail to: WCSG, Attn: Jessica Medlin, 801 Corporate Center Drive, Suite 200, Raleigh, NC 27607

Email to: Jessica.Medlin@YMCATriangle.org

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PERFORMING ARTS

Please fill out the detailed information for EACH group or Solo act. Attach more information as needed or contact the SilverArts coordinator. *There is a \$5 fee per participant, per act, for entering Performing Arts.

PLEASE SELECT FROM THE FOLLOWING PERFORMING ARTS CATEGORIES:

- ☐ COMEDY/DRAMA ☐ DANCE ☐ LINE DANCE - GROUP ONLY
☐ VOCAL ☐ INSTRUMENTAL

DETAILED INFO PER GROUP OR SOLO ACT.

Act/Group Name: _____

Group Leader/Solo Performer Name & Phone Number: _____

Group Size: ☐ Solo ☐ Small (2-4 performers) ☐ Large (5+ performers)

How long is your act/performance?: _____Min./_____Sec. (3 minutes max.)

Does your act/performance use recorded music?: ☐ Yes ☐ No What type of music file?: ☐ mp3 ☐ CD

Title of Music _____

Is a sound system needed?: ☐ Yes ☐ No How many microphones are needed (3 max)?: _____

Piano: ☐ Yes ☐ No _____# Chairs needed Additional props/Technical Equipment: _____

PLEASE SELECT FROM THE FOLLOWING PERFORMING ARTS CATEGORIES:

- ☐ COMEDY/DRAMA ☐ DANCE ☐ LINE DANCE - GROUP ONLY
☐ VOCAL ☐ INSTRUMENTAL

DETAILED INFO PER GROUP OR SOLO ACT.

Act/Group Name: _____

Group Leader/Solo Performer Name & Phone Number: _____

Group Size: ☐ Solo ☐ Small (2-4 performers) ☐ Large (5+ performers)

How long is your act/performance?: _____Min./_____Sec. (3 minutes max.)

Does your act/performance use recorded music?: ☐ Yes ☐ No What type of music file?: ☐ mp3 ☐ CD

Title of Music _____

Is a sound system needed?: ☐ Yes ☐ No How many microphones are needed (3 max)?: _____

Piano: ☐ Yes ☐ No _____# Chairs needed Additional props/Technical Equipment: _____

CHEERLEADING

There is a \$5 fee per participant, per act, for entering Performing Arts.

Group Size: ☐ Small (2-4 cheerleaders) ☐ Medium (5-9 cheerleaders) ☐ Large (10+ cheerleaders)

How many cheerleaders?: _____

Head Cheerleader's Name: _____ Phone: _____

Name of Squad: _____

How long is your act/performance?: _____Min./_____Sec. (4 minutes max.)

Does your act/performance use recorded music?: ☐ Yes ☐ No What type of music file?: ☐ mp3 ☐ CD

Title of Music _____

Additional props/Technical Equipment: _____

continues on next page

HERITAGE ARTS

NCSG Sanctioned Events

AN ARTIST MAY ONLY SUBMIT 1 ENTRY PER SUB-CATEGORY.

☐ BASKET WEAVING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ CROCHET

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ JEWELRY

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ KNITTING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ NEEDLEWORK

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ POTTERY (THROWN OR HAND BUILT)

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ QUILTING

You may enter one quilt.

Hand Quilting

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

Machine Quilting

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ STAINED GLASS

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ TOLE/DECORATIVE PAINTING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ WEAVING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ WOODCARVING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ WOODWORKING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ WOODTURNING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

Events that are not sanctioned by NCSG

☐ BEADING (Original & Pattern):

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ CERAMICS (Mold Cast or Combination):

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ DOLLS (All Mediums):

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ FABRIC PAINTING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____



LITERARY ARTS

Please email literary entries to tblackmar@garnernc.gov or submit with your mailed registration form by March 10, 2020. No Exceptions.

☐ POEM

Title: _____

☐ SHORT STORY (FICTION)

Title: _____

☐ ESSAY (NON-AUTOBIOGRAPHICAL)

Title: _____

☐ LIFE EXPERIENCE (NON-AUTOBIOGRAPHICAL)

Title: _____

VISUAL ARTS

AN ARTIST MAY ONLY SUBMIT 1 ENTRY PER SUB-CATEGORY.

☐ DRAWING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ MIXED MEDIA

Mixed Media is using one or more art media types.

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ OIL PAINTING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ WATERCOLOR PAINTING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ ACRYLIC PAINTING

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ PASTEL

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

☐ DIGITAL PHOTOGRAPHY

Title: _____

☐ FILM PHOTOGRAPHY

Title: _____

☐ SCULPTURE

Title: _____

Dimensions: _____ Weight: _____

Number of pieces in a set: _____

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Frankie's Fun Park

Fuquay-Varina Arts Center

Garner Performing Arts Center

Northwest Cary YMCA

Poole Family YMCA

Optimist Pool

River Ridge Golf Club

Rick Cornell, Photographer



CONTACT US

Wake County Senior Games
801 Corporate Center Drive, Suite 200
Raleigh, NC 27607
(919) 582-9395
WakeCountySeniorGames@gmail.com
www.wcseniorgames.org

SOCIAL MEDIA

Facebook: @WakeCountySeniorGames

Local Coordinator: Jessica Medlin

(919) 582-9395

Jessica.Medlin@YMCATriangle.org

Co-Coordinator: Todd Riddick

(919) 996-2151

Todd.Riddick@raleighnc.gov

SilverArts Coordinator: Torrey Blackmar

(919) 661-6890

TBlackmar@garnernc.gov

Volunteer Coordinator: Judy Jackson

(919) 387-3218

Judy.Jackson@unchealth.unc.edu

For Sponsorship Information: Jessica Medlin

(919) 582-9395

Jessica.Medlin@YMCATriangle.org